

Curriculum for Instructors

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A. REGULATIONS FOR INSTRUCTORS¹

1. Introduction

¹ These regulations contain information about curricular requirements and criteria for appointment as well as the rights and obligations of instructors², in particular Training Analysts/Analysts for Self Experience and Supervisors for individual and group supervision, at the C.G. Jung Institute Zurich, Küsnacht.

² Appointment to the different functions of instructors lies within the competence of the Board of the Training Sector and the Appointment Committee.

³ Colleagues prepared to take on duties as a Main-examiner or Co-examiner can apply to the Board of the Training Sector throughout the year or are invited to do so by the Board of the Training Sector or the Academic Fields Chairs when needed.

⁴ To get the appointment Training Analyst/Analyst for Self Experience (LA) as well as the appointment Supervisor Candidate in Analytical Psychology with Children and Adolescents (AKJS*) submit a request to the Appointment Committee. The Appointment Committee then examines the request and makes a recommendation to the Board of the Training Sector. The Appointment behaves to the Board of the Training Sector.

⁵ To get the appointment Supervisor (LAS and AKJS) candidates submit a request to the Board of the Training Sector.

⁶ Training Analysts/Analysts for Self Experience and Supervisors commit themselves to active participation and cooperation at the C.G. Jung Institute Zurich, Küsnacht. According to their individual inclinations and aptitudes, they agree to act as lecturers, Main-examiners or Co-examiners and to assist in the Institute's different committees and academic fields.

⁷ Personal union in functions is not allowed. The supervisory support of employed working students is possible; but must be complemented by external supervision.

⁸ All Instructors are expected to acquaint themselves with the current programs, regulations and other instructions concerning their area(s) of activity and to conform to them.

⁹ To permit a smooth and trouble-free course of studies for our students, the willingness of all instructors to cooperate with the administrative staff is indispensable.

2. Lecturers

¹ Lecturers completed a postgraduate training program at the C.G. Jung-Institute Zurich and actively take part in the training as being accredited members of the C.G. Jung Institute Zurich.

¹ Regarding translation of this document: The original German version remains binding.

² For simplicity's sake and ease of reading, these regulations use only the male pronoun even when both genders are meant.

² Guest lecturers usually completed a master's degree at University and a postgraduate further education program in their field of work. They are professionally qualified and didactically competent.

3. Appointment as Training Analyst/Analyst for Self Experience (LA)

3.1. Curricular requirements, criteria for appointment, procedure

3.1.1. Psychoanalyst from the C.G. Jung-Institute Zurich

¹ Accredited Psychoanalysts from the C.G. Jung-Institute Zurich who have a Swiss federally recognized postgraduate title in psychotherapy for analytical/psychotherapeutic work with adults (program E or C) and who have been qualified for at least five years may apply to the Appointment Committee for the status of Training Analyst/Analyst for Self Experience. Together with their written application to the Appointment Committee, they submit a curriculum that meets at least the following criteria:

- Proof of an acknowledged title in Analytical Psychotherapy according to the Swiss law for psychology professions (PsyG Art 8 or PsyG Art 9);
- Diploma as a Psychoanalyst of the C.G. Jung-Institute Zurich;
- Information on professional activities and experiences since graduation, including at least five years of main occupation (at least 50%) as an independent Psychoanalyst or Psychotherapist;
- Interest and competence to act as an instructor, documented by teaching at the Institute or other courses plus (perhaps) publications on Analytical Psychology;
- Curriculum vitae as well as personal aptitude;
- Member of the IAAP and member of a regional or professional association.

² The Appointment Committee examines the candidates request and has – as the candidate does – the right of a personal interview.

³ The Appointment Committee then gives a recommendation to the board of the Training Sector. The decision upon appointment is held by the Board of the Training Sector who will inform the candidate.

3.1.2. Analytical Psychotherapist of the C.G. Jung-Institute Zurich

¹ Accredited Analytical Psychotherapists at the C.G. Jung-Institute Zurich who have a Swiss federally recognized postgraduate title in psychotherapy for psychotherapeutic work with adults (program E or C) and who have been qualified for at least five years may apply to the Appointment Committee for the status of Training Analyst/Analyst for Self Experience.

² Together with their written application to the Appointment Committee, they submit a curriculum that meets at least the following criteria:

- Proof of an acknowledged title in Analytical Psychotherapy according to the Swiss law for psychology professions (PsyG Art 8 or PsyG Art 9);
- Diploma as an Analytical Psychotherapist of the C.G. Jung-Institute Zurich;

- Proof of 250 hours of Self Experience with a Jungian Training Analyst/Analyst for Self Experience and 80 hours of individual supervision with a Jungian Supervisor;
- Information on professional activities and experiences since graduation, including at least five years of main occupation (at least 50%) as a Psychotherapist;
- Interest and competence to act as an instructor, documented by teaching at the Institute or other courses plus (perhaps) publications on Analytical Psychology;
- Curriculum vitae as well as personal aptitude;
- Member of a regional or professional association;

³ The Appointment Committee examines the candidates request and has – as the candidate does – the right of a personal interview.

⁴ The Appointment Committee then gives a recommendation to the board of the Training Sector. The decision upon appointment is hold by the Board of the Training Sector who will inform the candidate.

3.1.3. *Medical Specialist for Psychiatry or Psychotherapy*

¹ Accredited persons from the C.G. Jung-Institute Zurich who have completed the further education program FMH Psychiatry and Psychotherapy, and who have been qualified for at least five years as a Medical Specialist for Psychiatry or Psychotherapy may apply to the Appointment Committee for the status of Training Analyst/Analyst for Self Experience. Together with their written application to the Appointment Committee, they submit a curriculum that meets at least the following criteria:

- Proof of an acknowledged title as Medical Specialist for Psychiatry and Psychotherapy according to the Swiss law for medical professions (MedBG Art. 15);
- Proof of a completed further education in Psychotherapy FMH at the C. G. Jung-Institute;
- Proof of 250 hours of Self Experience with a Jungian Training Analyst and 80 hours of individual supervision with a Jungian Supervisor;
- Information on professional activities and experiences since graduation, including at least five years of main occupation (at least 50%) in a psychotherapeutic field of work;
- Interest and competence to act as an instructor, documented by teaching at the Institute or other courses plus (perhaps) publications on Analytical Psychology;
- Curriculum vitae as well as personal aptitude;
- Proof of a FMH-membership or another membership in a foreign medical association.

² The Appointment Committee examines the candidates request and has – as the candidate does – the right of a personal interview.

³ The Appointment Committee then gives a recommendation to the board of the Training Sector. The decision upon appointment is hold by the Board of the Training Sector who will inform the candidate.

3.2. Rights and Obligations of Training Analysts

¹ The status of Training Analyst/Analyst for Self Experience entitles one to the conduct of training analysis (Self Experience) with Institute students.

² Training Analysts/Analysts for Self Experience commit themselves to participate in the program of lectures and seminars as well as in Academic Fields.

³ They stand ready to act as Co-examiners in examinations when needed, as a rule for at least two half-days per examination period. Provided that they possess appropriate professional qualifications and experience, they can apply for the status of Main-examiner in a specific academic field.

⁴ For the formal framework conditions of Training Analysis/Self Experience, refer to the appropriate paragraphs of the training curricula and regulations. Please remember that the personal Training Analysis/ Self Experience is detached from all evaluating functions. Personal Training Analysts are therefore not allowed to act as individual supervisors, Main-examiners, Co-examiners, tutors of seminar papers, or Thesis advisers or Thesis Co-advisors for their analysands.

⁵ As a matter of principle, Self Experience, like any analytical/psycho-therapeutic work, is subject to confidentiality. The obligation to confidentiality extends beyond the conclusion of the analysis and the termination of the studies and does not expire even at the death of an analysand. Neither does resignation of all professional and teaching commitments release the analyst from the preservation of his/her professional secrecy.

⁶ If an analyst's analysand is discussed in any decision-making committee (Admissions Committee, Board of the Training Sector, etc.), the analyst has to withdraw from the meeting.

4. Qualification as Supervisor for Analytical Psychotherapy with adults (Candidates LAS = LAS*) and qualification as Supervisor for Analytical Psychotherapy with children and adolescents (Candidates AKJS = AKJS*)

¹ Training at our Institute is controlled and certified by the Swiss government (Swiss law for psychology professions). This entails the Institute's obligation to guarantee the qualifications of its instructors.

4.1. Training Analyst/Analysts for Self Experience with Diploma E and C or with a Title as Medical Specialist for Psychiatry and Psychotherapy

4.1.1. Training Analysts/Analysts for Self Experience

¹ Training Analysts/Analysts for Self Experience that are prepared to attend the further education in supervision inform the Board of the Training Sector and are called Supervisor Candidate for analytical psychotherapy with adults (program E) or Supervisor Candidate for analytical psycho-therapy with adults, children and adolescents (program C).

4.1.2. Rights and Obligations

¹ Supervisor Candidates participating in a further education in supervision at the C.G. Jung Institute or at another institution (e.g. Swiss Society for Jungian Analysts, SGAP) and completing it within three years receive, on application to the Board of the Training Sector, get

the authorization to conduct 100 hours of individual supervision during this period of time. Graduation entitles one to the unrestricted conduct of supervisions in individual and group settings. For details concerning the further education in supervision, please refer to the enclosed “Regulations Further Education in Analytical Supervision” in this booklet B., page 14.

² Supervisor Candidates for analytical psychotherapy with adults (program E) can act as Co-examiners in “Individual Case Examination of an Adult”.

³ Supervisor Candidates for analytical psychotherapy with adults, children and adolescents (program C) can act as Co-examiners in “Individual Case Examination of an Adult” as well as “Individual Case Examination of a Child/Adolescent”.

4.2. Psychoanalysts or Analytical Psychotherapist with Diploma K

4.2.1. *Psychoanalysts of the C.G. Jung-Institute with Diploma K*

¹ Accredited Psychoanalysts who have a Swiss federally recognized postgraduate title in psychotherapy for psychotherapeutic work with children and adolescents (program K) and who have been qualified for at least five years may, upon recommendation of the Appointment Committee, apply to the Board of the Training Sector for the status of Candidate Supervisor for analytical work with children and adolescents (Candidates AKJS = AKJS*).

² Together with their written application to the Appointment Committee, they submit a curriculum that meets at least the following criteria:

- Proof of an acknowledged title in Analytical Psychotherapy according to the Swiss law for psychology professions (PsyG Art 8 or PsyG Art 9);
- Diploma as Psychoanalyst C.G. Jung-Institute Zurich;
- Information on professional activities and experiences since graduation, including at least five years of main occupation (at least 50%) as an independent Analytical Psychologist or Psychotherapist;
- Interest and competence to act as an instructor, documented by teaching at the Institute or other courses plus (perhaps) publications on Analytical Psychology;
- Curriculum Vitae and personal aptitude;
- Proof of membership of the IAAP and of a regional or professional association;
- You agree to participate in a further education program in supervision at the C.G. Jung Institute or at another Institution (e.g. the SGAP) and to complete it within the following three years.

³ The Appointment Committee examines the candidates request and has – as the candidate does – the right of a personal interview.

⁴ The Appointment Committee then gives a recommendation to the Board of the Training Sector. The decision upon appointment is held by the Board of the Training Sector who will inform the candidate.

4.3. Analytical Psychotherapist of the C.G. Jung-Institute with Diploma K

¹ Accredited Analytical Psychotherapists who have a Swiss federally recognized postgraduate title in psychotherapy for psychotherapeutic work with children and adolescents (program K) and who have been qualified for at least five years may, upon recommendation of the Appointment Committee, apply to the Board of the Training Sector for the status of Candidate Supervisor for analytical work with children and adolescents (Candidates AKJS = AKJS*).

² Together with their written application to the Appointment Committee, they submit a curriculum that meets at least the following criteria:

- Proof of an acknowledged title in Analytical Psychotherapy according to the Swiss law for psychology professions (PsyG Art 8 or PsyG Art 9);
- Diploma as Analytical Psychotherapist C.G. Jung-Institute Zurich;
- Proof of 250 hours of Self Experience with a Jungian Training Analyst/Analyst for Self Experience and 80 hours of individual supervision with a Jungian Supervisor;
- Information on professional activities and experiences since graduation, including at least five years of main occupation (at least 50%) as an independent Analytical Psychologist or Psychotherapist;
- Interest and competence to act as an instructor, documented by teaching at the Institute or other courses plus (perhaps) publications on Analytical Psychology;
- Curriculum Vitae and personal aptitude;
- Proof of membership of a regional or professional association;
- They agree to participate in a further education program in supervision at the C.G. Jung Institute or at another Institution (e.g. the SGAP) and to complete it within the following three years.

³ The Appointment Committee examines the candidates request and has – as the candidate does – the right of a personal interview.

⁴ The Appointment Committee then gives a recommendation to the board of the Training Sector. The decision upon appointment is held by the Board of the Training Sector who will inform the candidate.

4.4. Rights and Obligations of the Supervisor Candidate for Analytical Psychotherapy with children and adolescents

¹ Supervisor Candidates for analytical psychotherapy with children and adolescents status receive the authorization to conduct 100 hours of individual supervision during the following three years. Graduation entitles one to the unrestricted conduct of supervisions in individual and group settings.

² Supervisor Candidates for analytical psychotherapy with children and adolescents status commit themselves to participate in the program of lectures and seminars according to their inclinations and aptitudes.

³ They stand ready to act as Co-examiners in examinations when needed, as a rule for at least two half-days per examination period. Provided they possess the appropriate professional qualifications and experience, they can apply for the status of Main-examiner in a specific academic field.

⁴ Candidate Supervisors for analytical psychotherapy with children and adolescents can act as Co-examiners in the “Individual Case Examination of a Child/Adolescent”.

5. Supervisor for Analytical Psychotherapy with adults (LAS) and Supervisor for Analytical Psychotherapy with children and adolescents (AKJS)

5.1. Criteria for appointment and curricular requirements

¹ Training Analysts/Analysts for Self Experience or Candidate Supervisors of the C.G. Jung Institute who have been qualified for at least seven years and attest a completed further education program in supervision can be appointed as Supervisors by the Board of the Training Sector.

² They submit a corresponding curriculum that meets at least the following criteria:

- Information on professional activities and experiences since graduation, including at least seven years of main occupation (at least 50%) as Psychoanalyst or Psychotherapist;
- Interest in theoretical, methodical and practical questions of Analytical Psychology and related fields, as well as the aptitude to impart them adequately (if possible documented by teaching at the Institute, lectures and publications);
- Attest of a completed further education program in supervision.

5.2. Rights and Obligations of Supervisors

¹ On appointment, Supervisors receive the competence to conduct supervision in individual and group settings for the analytical/psycho-therapeutic work with adults (program E), with children and adolescents (program K) or with adults, children and adolescents (program C).

² All Supervisors are ex officio obliged to act regularly (and at least once a year) as Main-examiners for “Individual Case” diploma examinations.

³ In addition, Supervisors are expected to actively cooperate as Main-examiners in at least one further field, as Co-examiners, lecturers (case reports) and lecturers, and, if needed and according to inclination, in committees and academic fields of the Institute.

⁴ They are further expected to deal with the tradition and advancement of Analytical Psychology in theory and practice, as well as with current problems and innovations in the broader field of psychotherapy, and to be able to critically appreciate and adequately communicate them.

6. Instructors without a Swiss federally recognized postgraduate title in Psychotherapy

¹ Institute Graduates with a Diploma “Psychoanalyst C.G. Jung-Institute Zurich, Küsnacht” can qualify as Training Analyst/Analyst for Self Experience or Supervisor for the Curriculum Analyst International.

² Requirements, Criteria of Appointment and procedure correspond to 3.1.1., 4.1.1., 4.2.1. and 5. Furthermore apply all the obligations and rights in this paper.

³ Training Analysts/Analysts for Self Experience and Supervisors for the Curriculum Analyst International are called Training Analyst/Analyst for Self Experience for the International Program/ Supervisor for the Inter-national Program.

⁴ They are not allowed to analyse nor supervise students who are in en-rolled in the Curriculum for Analytical Psychotherapy.

7. Evaluating Functions

7.1. Examinations

¹ Instructors, Training Analysts/Analysts for Self Experience, Supervisor Candidates and Supervisors who would like to conduct examinations in a subject or colleagues who would like to act as Co-examiners are invited to make a corresponding application to the Board of the Training Sector. They attest their experience in the subject in question, e.g. as lecturers or seminar leaders, in an appropriate manner.

² Main-examiners are appointed for a specified subject; Co-examiners can be employed for any subject.

³ Main-examiners are members of the correspondent academic field.

7.2. Reviewing of seminar papers and diploma theses, reading of case reports

¹ Training Analysts/Analysts for Self Experience, Supervisor Candidates, Supervisors and Main-examiners are entitled to review seminar papers and supervise diploma theses.

² Supervisor Candidates and Supervisors are entitled to review the case reports.

³ Tutors of seminar papers, lecturers of case reports and Thesis advisers deliver a written report to the examination conference and admission committees. The examination guidelines are to be found in the Curriculum for Exams under B.3. Candidates receive a detailed feedback on their work.

⁴ To ensure the quality of the training, tutors of seminar papers and Thesis advisers are obliged to reject insufficient work or to demand reworking of the content.

8. Obligation of further education for instructors

¹ Further education is an integral part of analytical and psychotherapeutic work and instructors' activities. According the Swiss law for psychology professions (PsyG) the C.G. Jung Institute is committed to qualify its instructors. It meets this obligation with differentiated appointment criteria and with the further education program in supervision. Moreover, all instructors are obliged to continuous further education, according to the requirements of their respective professional organizations (e.g. ASP, SGPP, SGAP, FSP, Charta).

9. Suspension of training status

¹ Instructors ought to adhere to the principles of professional honour, collegiality among themselves, and loyalty to the Institute as a whole. For details, refer to the Code of Ethics.

² Apart from the duty of ongoing further education activities, formal conditions apply, for example the ones in 3.

³ In case of a breach of the conditions everybody can inform ombudsman in writing. They will examine the circumstances.

⁴ The Ethics Committee decides upon requirements or sanctions of the training status.

⁵ In case the function as instructor is suspended or when the accreditation ends, the instructors loses its rights.

⁶ In case of suspension of the status Training Analyst/Analyst for Self Experience ongoing Training analysis must be completed within nine month. The Training Analyst is obliged to inform the students who are in Training Analysis/Self Experience early enough in order to carefully prepare them for the termination (obligation of information and preparation).

⁷ In case of suspension of the state Supervisor supervisions must be stopped. The supervisor must inform his students.

10. Documents for instructors

¹ Listed below are documents relevant for instructors of the C.G. Jung Institute Zurich, Küsnacht, in their various functions.

- Code of Ethics
- Training Curricula
- Curriculum for Exams
- Regulations Further Education in Analytical Supervision

B. REGULATIONS FURTHER EDUCATION IN ANALYTICAL SUPERVISION

1. Preface

¹ The regulations for further education in analytical supervision sets out the supervisory qualifications of an accredited instructor at the C. G. Jung Institute, Zürich, Küsnacht.

² Non-accredited analysts as well as psychotherapists from other schools are welcome to participate.

2. Definitions and aims

¹ The primary aims of continuing education in analytical supervision are a broadening of knowledge concerning supervisory models, practice of supervisory methods and techniques as well as advanced experience in dealing with supervisory contexts.

² Within the framework of the postgraduate training offered by the Institute what is meant with "analytical supervision" is the continuing professional accompaniment of trainees in their practical analytical and psychotherapeutic functions.

³ Supervisors for analytic and psychotherapeutic work with adults are termed Training Analysts/Supervisors (LAS) at the Institute while supervisors for analytic and psychotherapeutic work with children and adolescents are termed Supervisors for analytical psychotherapy with children and adolescents (AKJS).

⁴ Institute supervisors can also obtain their qualifications within the framework of other organizations. However, their designation as supervisors at the Institute is decided in individual cases by the board of the training sector.

3. Scope and Structure

3.1. Participation

¹ Those taking part in the further education can be:

- Psychoanalysts as well as Psychotherapists who want to qualify in Analytical Supervision or to fulfill the continuing education obligations set by their national professional institutions.
- accredited instructors of the Institute who would like to become a Supervisor (LAS) or Supervisor for analytical psychotherapy with Children and Adolescents (AKJS) at the Institute.

3.2. Time span

¹ The further education in analytical supervision for future supervisors of the C. G. Jung Institute, Zürich comprises at least 64 credits, spread over at least 2 years. A credit lasts at least 45 minutes

3.3. Continuing education elements

A	Lectures about supervision theory	16 credits
B	Participation in an intervision group	16 credits
C	Co-leading of a group supervision	16 credits
D	Supervision half days	16 credits
E	Self-study	ad libitum

A Lectures about supervision theory

The lectures and seminars about supervision theory are to convey and subserve in-depth discussion of themes having to do with supervision and especially analytic supervision. Speakers who represent other supervision directions should be invited for these lectures. Theory modules offered in other places for further education in analytic supervision can be approved.

B Intervision groups

The participants create an intervision group on their own that takes place over the whole time span of the continuing education in which their own supervision processes are presented and discussed. They meet regularly for at least 8 sessions, each lasting at least 1.5 hours.

C Co-leading a group supervision

The further education participants make contact with a Training Analyst/Supervisor (LAS) or with a Supervisor for analytical psychotherapy with children and adolescents (AKJS) of the Institute and agree upon a co-leadership in a group supervision that comprises at least 8 sessions each lasting at least 1.5 hours.

D Supervision half days

Those in further education participate in at least four supervision half days. In the center stands individual supervision or group supervision in the presence of a surrounding group: so-called "live supervision". This method provides an immediate experience of the diversity and variety of supervision styles.

E Self-study

The further education participants learn further to a reasonable degree on their own.

3.4. Further education administration

¹ The training sector is responsible for the further education in analytical supervision at the C. G. Jung Institute, Zürich, Küsnacht.

² For the further education participants the administration provides the following documentation papers: Forms where the organizers can attest to participation in the continuing education elements A, C, and D and forms that can be used by the further education participants to declare on their own their presence in the intervision group (Further education element B).

3.5. Application and fees

3.5.1. *Applying as a supervisor candidate*

¹ Training analysts/Analysts for self experience and supervisor candidates for analytical psychotherapy with children and adolescents who wish to qualify within the framework of participation in the supervision further education as described above are to inform the board of the training sector. After that, they receive the right to hold a total of 100 hours of individual supervision.

² The LAS* or AKJS* status will then be added on the list "Directory of Accredited Instructors".

3.5.2. *Applying to the further education events A and D*

¹ All interested analysts/psychotherapists or supervisor candidates are to apply individually in the Institute office (application talon in the Lectures and Seminars booklet).

3.5.3. *Fees*

¹ All fees of the specific further education program apply to the latest Lectures and Seminars booklet.

3.6. Attest of the further education and designation as supervisor

¹ After handing in all the presence forms further education participants who have completed all the elements of the program receive from the board of the training sector a certificate showing that they are now qualified as an "Analytical Supervisor of the C. G. Jung Institute, Zürich, Küsnacht".

3.6.1. *Designation as supervisor*

¹ Those who can show that they have completed further education in supervision as "accredited Training Analyst (LA)" or "accredited Candidate Supervisor for the analytical work with adults (LAS*)" or "accredited Candidate Supervisor for the analytical psychotherapy with children and adolescents (AKJS*)" and is interested in becoming a Supervisor and, in addition, have practiced at least 7 years, is to hand in his designation request to the board of the training sector.