

## Winter Intensive Study Program (WISP) 2021

### Love in its various facets as fertilizer for the development of life energy and creativity

(Event No. 461)

Will follow soon.

**Marianne Meister-Notter, Dr. phil.**, lecturer, supervisor for the analytical and therapeutic work with adults, adolescents and children in individual and group settings with special consideration of dreams, pictures and sand pictures. Training analyst CGJI Zurich and SGSST / ISST. Licentiate in German Studies, Philosophy & Art History. Clinical Psychologist. Accredited to CGJI Zurich & IAAP, BAG and ASP & FSP. Private practice in Zurich.

### Narcissism and Individuation

(Event No. 460)

Ovid's version of the Narcissus and Echo myth has been a rich source for exploration of the human soul for over 2,000 years. Its meaning has never been fully explained or understood because its mystery is central to the most basic question of our identity.

Nathan Schwartz Salant calls the narcissistic structure "a pattern that is the link between the personal and the archetypal realms" within any personality structure. It is always a quality in the creative personality, especially evident as that person struggles to bring his or her creativity into the world.

What is narcissism? Is there such a thing as "healthy narcissism?" What does this enduring story have to teach us? Drawing on mythology and the work of Freud, Jung, Jacoby, Schwartz-Salant, Dougherty, West and others, we will look deeply into this phenomenon, so that we may better understand our culture, our relationships, our patients and our selves.

**Sharon Martin, MSN**, Senior analyst, diploma CGJI Zurich, practice Charleston SC USA, member IRSJA.

### Don Juan – Son of the Great Mother

(Event No. 462)

The "Don Juan" type of man, as one aspect of the Puer Aeternus archetype, is a dominant psychological profile of a man in both the history of humankind and 21<sup>st</sup> century. This archetype is best seen in different works of art (novels, songs, theatre, and movies) which explore Don Juan and attract the attention and interest of many people. This seminar attempts to answer the question, "Who is Don Juan?", how he sees himself and how other people perceive him. We will see how the character of Don Juan has been portrayed in art through the centuries and what is the psychodynamics of Don Juan's personality from not only a theoretical point of view, but also an empirical one by using Jung's Word Association Test and dream analysis.

**Dragomir Kojic, Jungian Analyst CGJIZ**, is a senior director in a multinational law firm operating in South-East Europe, responsible for people development, internal communication, coaching, mentorship and mediation strategies. He works with business people, particularly with lawyers on topics such as: work-life balance, stress issues, anxiety, interpersonal relations, career development, seeking meaning in work and life, public speaking skills, communication, etc. In addition to his legal education, he is also "C.G. Jung Institute Zurich Accredited Analyst" and "Erickson Certified Professional Coach". The combination of

experiences and skills obtained from the Jungian psychology and the Erickson coaching, in addition to his legal education and experience as a lawyer, is a great benefit to him, his firm and clients. Dragomir is a member of the Association of the Graduate Analytical Psychologist of the "C.G. Jung Institute Zurich" (AGAP), The Swiss Association for Analytical Psychology (SGAP), The International Association for Analytical Psychology (IAAP) and the International Coach Federation (ICF).

## Ego and Self

Jung's Concept and its Relevance for our Daily Life and Psychotherapy.  
(Event No. 470)

In this seminar we will discuss C. G. Jung's concept of ego and the self and its relevance for our daily life and psychotherapy. The self, its symbols, its paradoxes, its development and its shadow will confront us with questions relating to humanity, the divine and faith.

**Renate Daniel, Dr. med.**, Accred. Training Analyst/Supervisor. Doctor for Psychiatry, Psychotherapy and Psychoanalysis. Practice in Zurich.

## The Magic Flute

Music, Alchemy and the Individuation Process  
(Event No. 466)

Mozart, who knew he was dying when he wrote The Magic Flute, used music to communicate the secrets and processes that had been handed down through the ages. Embedded in this composition, like many of his works, is a healing balm for both body and soul. This seminar will explore the connections demonstrated in this opera between music, alchemy and the process of Individuation.

**Janis M. Maxwell, PhD**, Training Analyst. Has held several positions with the Inter-Regional Society of Jungian Analysts as well as the Philadelphia Jung Institute. She lectures and facilitates seminars and retreats internationally.

## Diagnostics of the psyche: psychopathology, psychodynamics and the psychology of C. G. Jung

(Event No. 464)

Diagnostics are the basis of every medical or/and psychological treatment. As Jungian analysts we use two sciences to describe the human psyche: on one hand psychopathology and psychiatry and on the other the psychology of C. G. Jung, including some aspects of psychodynamics in the sense of psychoanalysis. In this seminar we combine the different aspects of diagnostics in order to find a useful assessment to start psychotherapy.

**Gerold Roth-Greminger, Dr. med.**, Accred. Training Analyst/Supervisor Candidate. Doctor for Psychiatry and Psychotherapy. Practice in Effretikon.

### The Peasant's Wise Daughter and Catarina the Wise

Two Fairy Tales about Assertive Love and Self-assured Aggression in a Girl's Love Story with her Unconnected Husband.  
(Event No. 465)

The emancipation of women seems to be a modern problem. But also old fairy tales deal with the equivalence of the partners. Both kings try to get the conflict solved through the confirmation of their superiority. But their wives don't surrender and gain back their husbands with their ruse. Catarina several times even provokes the king boldly and takes a witty revenge on him. Revenge usually is an unconscious attempt to restore the lost equality.

**Robert Strubel, Dr. phil.**, Accred. Training Analyst/Supervisor in Analytical Psychology with adults, children and adolescents. Practice in Zurich.

### Psyche and Soma

The Concept of the Shadow and its relevance for Psychosomatic Medicine. The Complex and its relevance for Psychosomatic Medicine. The Body of the Therapist,  
(Event No. 471)

In this seminar C. G. Jung's research on complexes, emotions and the shadow will be presented in order to understand their relevance for Psychosomatic Medicine. His concepts have paved the way for psychoneuroimmunology and placebo research. Furthermore we will discuss how dreams, fairy tales or symbols can help to understand the interaction and relation between body and soul.

**Renate Daniel, Dr. med.**, Accred. Training Analyst/Supervisor. Doctor for Psychiatry, Psychotherapy and Psychoanalysis. Practice in Zurich.

### Introduction into picture interpretation – psychological development in the mirror of painting processes.

(Event No. 472)

Will follow soon.

**Marianne Meister-Notter, Dr. phil.**, lecturer, supervisor for the analytical and therapeutic work with adults, adolescents and children in individual and group settings with special consideration of dreams, pictures and sand pictures. Training analyst CGJI Zurich and SGSST / ISST. Licentiate in German Studies, Philosophy & Art History. Clinical Psychologist. Accredited to CGJI Zurich & IAAP, BAG and ASP & FSP. Private practice in Zurich.

### Jazz in South Africa and apartheid, 1960's to 1994

A complex psychological relationship.  
(Event No. 463)

Why did American jazz take roots particularly in South Africa and not so much elsewhere in Africa? – In this seminar we will outline analogies in human experience under the stress of apartheid (1940s to 1994) and U.S. American segregation in the 1950s and beyond. In art one reaction to the system was a strong collective identification by South African musicians with avantgarde jazz of the 1950s and 1960s, Charlie Parker, Miles Davis, John Coltrane etc. and the self-therapeutic use of jazz improvisation and jazz cycles (e.g. 12-bar blues form, South African mbaganqa cycles) in processes conducive to individuation.

**Gerhard Kubik, Prof. Dr. phil. habil.**, Cultural Anthropologist, Ethno-Musicologist, Psychoanalyst. Professor at the University of Vienna, Austria.

## **I Ching**

(Event No. 473)

### Introduction to the "I Ching - Book of Changes"

In the seminar, the complementary opposites of Yin and Yang are explained on the background of C.G. Jung's shadow concept. Subsequently, the understanding of the trigrams and hexagrams in the constellated "complex field" is introduced. In addition, it will be clarified to what extent the "Unus mundus" can be regarded as a universal basis for "Duration in Transition". Ursula Brasch, lic. phil., Accred. Training Analyst/Supervisor. Practice in Schopfheim/Germany.

## **The experiencing self and the healing imagination**

A new multidimensional approach to Jungian Psychology.

(Event No. 468)

The course introduces a new paradigm explaining the functioning of the imagination within the human mind based on insights from psychoanalytical theory and analytical psychology. The Imagination is defined as the synthesis of mental images or content into new ideas and as the process of forming a mental representation of absent objects, an affect, a bodily function, a memory, a situation or an instinctual drive, etc. producing images, symbols, fantasies, dreams, ideas, thoughts, and/or concepts. It differs from fantasy, in not being an adverse of reality but provides an active means of adaptation to it. The course explains the function of the imagination in four distinct, however interrelated, dimensions, i.e. the intra-psychic dimension, the inter-personal dimension, the supra-personal dimension and the transpersonal dimension. It uses examples from the history of healing to explain the healing possibilities of the imagination that take place in the transitional space in-between the self and the objective psyche, the self and the human environment, the self and the nonhuman environment, and the self and the sacred, respectively. The imagination is regarded as the core of our being, the faculty that allows for perception, comprehension and creativity. Healthy imagination is a free flowing function, whereas unhealthy imagination interferes with reality and complicates. The course shows how mental disturbances can be caused and sustained by the inability to make appropriate use of the imagination and its dynamics. The "space" that allows for the workings the imagination is metaphorically referred to as "the land of the living God", an assumption that locates the theological discourse in a "terra firma" or the sacred intermediate space located in-between the self and God.

**Haukur Ingi Jonasson, Ph.D.,**